



NDIS

Contact us for assistance with:

- Accessing the NDIS
- Preplanning for NDIS meetings
- Comprehensive expert therapy plans
- Maximising the benefits of your NDIS plan
- Convenient, cost effective therapy services tailored to your preferences
- Service agreements without obligation, cease at any time.
- Free advice line and web form contact

A division of HealthChoice Group



NDIS SERVICES

NDIS application assistance

Therapy plan formation

Physiotherapy

Hydrotherapy, Clinical Pilates, Gym based exercise

Delivered in Practice, Home, School or Work



Pilates Choice



Queensland
 2C/721-723 Albany Creek Rd, Albany Creek 4035
 60 Coonan St, Indooroopilly 4068

Contact Us

w: mytherapychoice.com.au
e: help@mytherapychoice.com.au

PH 1800 698 437

- Multiple locations
- Central bookings
- Onsite services available

About Us

My TherapyChoice is a division of Gippsland Physiotherapy Group/PhysioChoice, who have provided quality physiotherapy care for more than 20 years.

My TherapyChoice specialises in the provision of physiotherapy and related services to clients that have special therapy needs due to disability.

Our physiotherapists have specific training and experience in specialised therapy services to ensure our clients receive the best care.

Our approach is based on easy accessibility of our services, flexible delivery of services of a type and location that suits your needs, and therapy plans that are goal based and suit the preferences of our clients to maximise the opportunities to reach their goals.

We provide comprehensive advice and assistance through our free call help line and therapy plan key workers as a friendly single point of contact.

We would feel privileged to assist you or your loved one in the provision of therapy services.



What myTherapyChoice Offers

- Access to participate in the NDIS - Advice and free reporting to make your application easier and more likely to be successful
- Planning meeting – Advice and free preparation plan for those already accepted as participants to ensure that your budget/plan fits your goals and needs
- Key worker – Allocated health professional assigned to you to help maximize the reach of your plan/budget if it has already been commenced
- Therapy Plan – Formation of a cost effective and comprehensive therapy plan to ensure that you reach your goals based on your individual requirements
- Multi- disciplinary approach – referral to other health professionals where required to ensure that a comprehensive multi-disciplinary approach is taken to maximise results
- Flexible service delivery – provided at your choice of locations to maximise your comfort levels and the results of the therapy – one of our practices, your home, your school, your work, gym or other facility
- Preference based plan – Therapy plans can be implemented based on activities that not only help reach your goals but also suit your preferences, such as group/individual, hydrotherapy, clinical pilates, gym based
- Below market rates – Our therapy rates are discounted from the NDIS schedule of fees to maximise the reach of your budget
- Equipment trial and prescription – Assessment of equipment needs including trial to ensure that you receive the best outcome from your capital funds
- Ease of service delivery – We do not need you to sign up to a service agreement, we will provide you with a therapy plan and a commitment on what we will provide but you can cease at any time if you choose to, you do not even need to sign the agreement but we do.



Our Philosophy

The NDIS is complex and confusing yet provides opportunities to access valuable and important services for those living with a disability and their families. To help remove confusion and uncertainty we provide access to advice on the best way to access and work within the NDIS as a participant.

We realise that every case is different, every individual is different and that good advice is essential to taking the stress out of the process and gaining the best possible outcome for the participant. We provide such advice at no cost as we do not want that to be a barrier either and whether we are chosen to be the provider of services or not our assistance is provided to gain a better outcome for the participant. We make contacting us as easy as possible with a toll free help line as well as access through an on line form on our website.

For those living with a disability and uncertain if they can access support services we provide free advice and supporting evidence to maximise the chance that they will be accepted as a participant and to make the stress involved as little as possible. Where additional evidence is required from other health professionals we provide guidance on that also. This process includes pre planning ensuring that you are fully armed with as much information as possible in order to get a plan that suits your needs and provides comprehensive services.

Those that have current disability support and services including an NDIS plan we can assist in therapy plans and maximising the services they receive in their given budget. For the plans to be maximally effective we offer these in locations most comfortable for the participant and their family and also have many therapy options that suit the preferences and circumstances of our clients.

We do not believe in complex wordy service agreements that bind our clients to us so we make a plan that we commit to and no specific commitment from the participant is required. We need to ensure that we are providing a service that they value and want to continue with and value any feedback they have.

